



WELCOME

Welcome to the Newsletter for members & friends of the Holistic Energy Association.

ANNUAL GENERAL MEETING

Following a great lunch at the George IV in Baldock, the sixth Annual General Meeting of the Holistic Energy Association was held on Sunday 1st October 2017. The meeting was attended by members from the Walton-on-Thames Centre & the Lincoln Centre, with the chair this year being Committee Member Chris Brummitt.



The meeting was held at short notice in The Templars Hotel, Baldock due to a lack of access at Baldock Community Centre. Luckily there was a comfortable room available at the Hotel with exactly the right amount of chairs. Our thanks go to the Hotel Staff & Spirit!

This year Mark Wainwright & Viv Spence were the two Committee Members whose term of office had come to an end. Both were willing to stand for re-election and this was approved by all and both were duly re-elected for a period of 3 years. There were no other nominations received for Committee.

The main topics discussed were Membership, Training and Online presence. There is a HEA website but it was also agreed that a Facebook page would be set up for the HEA, which is now up and running with committee members as admins. The Treasurers' report was presented by Mark Wainwright and a Training report was presented by Viv Spence. It was noted that finances are healthy but student numbers have declined slightly. It is hoped therefore that the extra online presence will help with new student members. The minutes were taken by Ginny Burnham which will be distributed to all HEA members. Mark Wainwright finished the meeting with a spiritual reading.

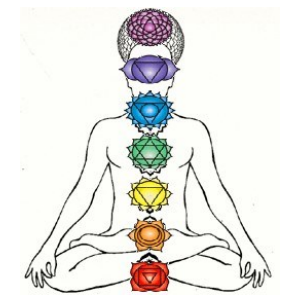


*Next Years meeting
will be held on
September 16th
2018. Venue to be
confirmed.*

TRAINING

The HEA organisation welcomes all those who wish to start to train as a spiritual healer and will help and guide you all we can. Becoming a Spiritual Healer can be an amazing, life changing journey but a journey that takes commitment and dedication. HEA have a leaflet about becoming a healer and what is expected both from the Student and HEA. If you would like a copy of the leaflet, please get in touch contact email: contact@holisticenergyassociation.com and a copy will be emailed or posted to you.

The training consists of 4 parts and is spread over a 2 year period. There are students successfully half way through training & a few new members ready to start.



Photos: Healers at Lincoln Healing Centre; Healing room at Lincoln Healing Centre

DISTANT HEALING

HEA continues to maintain a distant healing list for those who are unable to be with us in person for contact healing. This is particularly important when those seeking healing are too ill to travel, in another country or are in hospital.

The list is circulated to the healer members so they can send healing energy by concentrating on and tuning into the person in need of healing.

If you would like to receive distant healing or have a loved one, friend or pet in need of healing please contact Ginny, Email: lincolnhealingcentre@gmail.com. Feedback is important and we appreciate hearing any progress of the recipients.

Only the name of the recipient and their town or city is added to the list. No personal details or information are divulged and the list will never appear on Facebook. The Distant Healing List is private and confidential and is only circulated to our healers.



RECENT WORKSHOPS

The HEA had the pleasure of a workshop on Saturday 28th October at The Guildford Institute by Jane Butterworth. The subject of the workshop was 'The Deeper Possibilities of Spiritual Healing in the Human Aura and in the Home' – Recognising and Clearing Deep Energy Blocks to Good Spiritual and Psychic Health.

Every first Saturday of the month continues to be Group Mediation open to all at the Lincoln Centre led by Ginny. 2pm start, lasting approximately 1 ½ hours, costing £5.

FUTURE WORKSHOPS

- ◆ **Crystals / Angelic & Self Development with Erol....**

Cost: £30 per person

Saturday 2nd December 2017 at Marshchapel, Lincolnshire.

- ◆ **Aura Photography with Kevin Doe**

We are very excited by this workshop and it is likely to be held one Saturday in March at Lincoln Healing Centre, which is held within the Friends Meeting House, Lincoln. Full details will be available shortly when dates and details can be confirmed with Kevin and the Venue.

It will include a demonstration of how aura's change when Spiritual Healing is being given. Attendees will also have the opportunity to have their aura photographed by Kevin; payment for this will be direct to Kevin.

Kevin is a Spiritual Healer himself and has been friends with Ginny and Chris for a number of years.

If you are interested in either of these workshops, please contact Ginny,
Email: lincolnhealingcentre@gmail.com

**If you would like to put an article in the next edition of the Newsletter,
please contact Rod Davison, (the new Editor):**

Email: rod.davison@live.co.uk

POSTERS

The HEA are on the lookout for a few new backgrounds for our posters displayed at the centres. If you have any lovely scenery or nature photo's from your holidays that you would be willing for the centres to use then email them to Rod Davison on rod.davison@live.co.uk.