

## **Chris (Christina) Brummitt**



I was born in Aylesbury, but have spent most of my life living in Lincoln. I am married to Simon (known as Sam) and we have one son. I love travel and have had some amazing holidays over the years, with many happy memories. My husband is a big sea fisherman and we spend a lot of time on the east coast where we have a static caravan; great for much needed R&R! We recently acquired a new member of the family, Hugo, a French Bulldog, who we adopted. I love crystals and most things spiritual, along with reading, gardening and photography.

I began my journey as a Spiritual Healer in 2007 with The NFSH Charitable Trust, joining Lincoln Healing centre at the same time. I passed my panel to become a full healer in 2009.

I have volunteered on numerous committees/boards over the last 40 years. I "retired" on 31st March 2020. I worked in various admin roles during my working life, with the last 12 years working for a charity in Nottingham, where for the final 2 years, I was the Finance and Operations Manager.

I originally joined the HEA Committee in 2012, but had to step down in 2018 due to work commitments. I was re-elected to the Committee in September 2020.