

# HOLISTIC ENERGY ASSOCIATION

HMRC Charity Registration No: XT32487

Registered Address: 21 Old Cross Tree Way, Ash Green, Surrey GU12 6HT  
www.holisticenergyassociation.com



## BECOMING A SPIRITUAL HEALER

Becoming a Spiritual Healer is a life changing journey. It takes:

- ▷ Commitment
- ▷ Dedication
- ▷ Empathy
- ▷ Selflessness

It can be an exciting journey, but it is not a journey for everyone and it is not one to be undertaken without deep thought and self-scrutiny. The most important question to ask yourself is:

### *Why do I want to become a spiritual healer?*

It is not enough to believe you have healing ability, everyone does; but not everyone has the time or realisation of what it entails to devote your life to Spiritual Healing.

All Spiritual Healers are governed by the laws of this country and you must know what you are and what you are not allowed to do. In order to do this, you need to train with a recognised training organisation.

**The Holistic Energy Association (HEA)** is a recognised Spiritual Healer Training Organisation and is a member of **UK Healers** and the **Confederation of Healing Organisations (CHO)**. As an organisation, we abide by the UK Healers Quality Standards Criteria, which can be found on their website. We have a “user friendly” Code of Conduct which is derived from these standards and a copy is given to all new members and students on joining, and is available on our Website. HEA will help and support you on every step of your journey.

In accordance with the conditions of HEA's insurance policy, provided by Balens, you will not be able to give Spiritual Healing working on your own until after you have successfully completed Courses 1 and 2 of the HEA Training; however, you will be able to work with qualified Healers. When you have completed Courses 1 and 2, you will then be able to give Spiritual Healing alone, so long as a qualified Healer member is present. The insurance covers you for Spiritual Healing and Public Liability and nothing more.

As your training progresses, you will eventually need to find 4 clients to work with who will be willing to provide a testimonial for you in regard to the Spiritual Healing they have received from you. If you have access to a Healing Centre, you will be able to work with clients at the centre.

During your 2 years of training, it is expected that you will keep a portfolio of your journey. At the end of your two years training, you will then be expected to go before Panel to be assessed for Healer status. Your portfolio will be presented to the panel as part of your assessment. The Panel comprises of 3 Healers; you will be asked a series of questions based on the Code of Conduct and asked to demonstrate the act of healing. Following successful Panel, you will then be a qualified Healer and the next stage of your exciting journey will begin.

As you can see, the journey to become a Spiritual Healer involves real commitment, and it will change your life. You may ask: *"how will it change my life?"*, the answer: *"in many ways"*, including:

- ⚙ Your views on life in general
- ⚙ Your relationship with self
- ⚙ Your behaviour
- ⚙ Your friends
- ⚙ Your relationships

### **What does HEA Expect from Spiritual Healer Members?**

First and foremost, HEA expects you to be committed to your journey, your training and your personal development.

HEA will expect you to:

- ⚙ Join HEA as a student healer; for this you will need 2 referees, one of whom must be a Healer member of the HEA
- ⚙ Complete all 4 HEA Training Courses (compulsory)
- ⚙ Complete 2 years training as a student (compulsory)

HEA has trained tutors who will advise you on the courses. During your two-year journey you will have a mentor, who you will be expected to see regularly and take advice and support from.

It is a personal and unique journey for each individual, and at times it can be intense; but it is always a positive journey.

### **Are you ready to start your journey?**

If the answer is Yes, and you are ready to give the commitment required as outline above, then we are here to support you every step of the way, and we are happy to give a commitment to you to help you on your exciting journey of discovery.

### **Contact Details:**

#### **HEA:**

Email: [contact@holisticenergyassociation.com](mailto:contact@holisticenergyassociation.com)

#### **Walton-on-Thames Healing Centre:**

Elmbridge Council Day Centre,  
Manor Road  
Walton-on-Thames  
Surrey KT12 2PB

Contact Pat Fisher: Tel: 07932 793203

#### **Lincoln Healing Centre:**

1 Park Street  
Lincoln  
LN1 1UR

Contact Ginny Burman:

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