

My name is Shelagh and I am 64 years old. I came to healing late in life after accompanying my husband to the healing centre in Lincoln about ten years ago. There are energies in the healing centre that are calming and cleansing.

I worked as a nurse for over 48 years in care homes mainly caring for elderly people, some of whom lived with dementia and other complex health needs. I enjoyed this work a lot as I was able to make a difference to their daily lives through my healing energies.

I had an introduction to healing through my Mum who was a healer and medium. I feel drawn to crystals which I use when I am doing healing with my husband and family.